

Recommended program sequence

General Health	PRE	K	1	2	3	4	5	6	7	8	9	10	11	12
Healthy Smiles	X	X	X											
Get Moving	X	X	X											
I'm Some "BODY"		X	X											
Health Smart!				X	X									
The Bod Squad					X	X								
The Incredible Machine						X	X							
Character Education	PRE	K	1	2	3	4	5	6	7	8	9	10	11	12
Keep Your Cool	X	X	X											
What If Bullies Grow Here?				X	X	X								
Beware What You Share						X	X	X						
Caught in the "Middle"							X	X						
Stress: Too Much to Handle								X	X	X	X	X		
Whose Space Is It?								X	X	X	X	X	X	X
Toxic Relationships - Matters of Choice											X	X	X	X
Drug Education	PRE	K	1	2	3	4	5	6	7	8	9	10	11	12
Who Do You Trust?						X	X							
Decisions: It's Up to You								X	X	X				
Be In the "NO"											X	X	X	X
Binge Drinking-The Party's Over											X	X	X	X
Growth and Development	PRE	K	1	2	3	4	5	6	7	8	9	10	11	12
Life Begins							X	X						
STI's - Playing With Fire											X	X	X	X
Nutrition and Fitness	PRE	K	1	2	3	4	5	6	7	8	9	10	11	12
My Body, My Buddy				X	X	X								
Mission Nutrition					X	X	X							
Eating for Your Future								X	X					

X=Recommended

X=Appropriate