

March 30, 2020

Dear FGCU Students,

During these extraordinary and challenging times, I wanted to reach out to every one of you and let you know that Counseling and Psychological Services (CAPS) is here to assist you. If you need services...CAPS IS OPEN FOR YOU. We are maintaining our customary hours of 8:00 am to 5:30 pm every day. We are practicing social distancing, as everyone should be, by providing services remotely. We are using **tele-counseling and therapy** through our video conferencing platform as well as over telephone.

I am aware that many students have left campus, however whether you are still in the area or at home, we will provide the services you need. Our services remain free and confidential and every student request for services will be met on a case by case basis. If any of the following apply to you and your circumstances, please reach out to us.

1. If you are an existing CAPS client/patient and wish to continue services throughout the remainder of the spring and summer, please contact our office to set up services with your clinician. Again, it does not matter if you are local or have returned home.
2. If you are a current CAPS client/patient or a non-client student and wish to find a provider in your community, we can assist you with a referral.
3. If you are a student new to CAPS, please call and set up an initial contact session. Our initial session includes providing specific information about our services, consent to our services and of course information so that we may have a clear understanding of your needs.
4. Remember our 24/7 helpline is available to all students and anyone in the FGCU community. EARS LINE: 239-745-3377(EARS).

All CAPS services are available to any FGCU student enrolled in the spring semester and available throughout the summer, **regardless of summer enrollment status**. This open letter is posted on the CAPS webpage for future reference.

Please be aware of the information provided by University officials and public health professionals and follow all guidelines and recommendations. Our hope is that everyone stays well. Please know that we are here to assist in your wellness. Our primary goal is to help every student successfully pursue their academic goals at FGCU. Again, CAPS IS HERE FOR YOU.

Warm regards and best wishes,



Jon Brunner PhD

Sr. Director Counseling and Wellness Services

