

Chicken & Wild Rice Casserole



Yields: 6 servings

Ingredients:

- 1 lb chicken, cooked and shredded or one 1 can of chicken (16 oz)
- 1 pkg wild rice with seasonings (6 oz)
- 1/2 cup sour cream
- 1 can cream of chicken soup (10 3/4 oz)
- 1 teaspoon dried onion flakes
- 1/2 teaspoon garlic salt
- 1/2 teaspoon pepper

Instructions:

1. Preheat oven to 350 degrees.
2. Prepare wild rice according to package directions.
3. In a large mixing bowl mix together sour cream, cream of chicken soup, onion flakes, garlic salt and pepper. Stir in chicken and wild rice. Put in an 8 in x 8 in baking dish.
4. Bake at 350 degrees for 30 minutes.

